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Basic Emergency Preparedness Checklist

Everyone should have enough supplies on hand to survive for at least three days if an emergency or natural disaster occurs. Listed below are the basic items that each emergency supply kit should include. However, it is important that you review this list and consider where you live and your unique needs in order to create an emergency supply kit that will meet these needs for you and your loved ones. Consider having at least two emergency kits - one comprehensive kit at home and a smaller portable kit in your vehicle, at school, at work or other places where you spend time.

- Water, one gallon of water per person per day for at least three days, for drinking and sanitation
- Food, at least a three-day supply of non-perishable food
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Dust mask to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Gas and water shut-off tool
- Can opener for food (if kit contains canned foods)
- Local maps
- Cell phone and charger
- Matches in a waterproof container